

CORPORATE VOLUNTEERING

WITH Energy Garden



Carbon Credentials Volunteering Day

Brondesbury Park Overground Station, Friday the 8th of September 2017, 9am – 12pm

Contacts on the day:

- *Luke Jones – 07565323242*
- *Agamemnon Otero – 07960829826*
- *Eric Schloss - 07842964328*



Thank you for committing your time and energy to volunteer with Energy Garden. You're making a huge impact on communities in London – we hope you have a fantastic day!

About the project

Energy Garden is the world's first citywide combined community energy and gardening project. By engaging with local communities, landowners and businesses, the project aims to create a network of interconnected community Energy Gardens at multiple rail stations across London's Overground line.

About the area at Brondesbury Park station

Brondesbury Park is the first and finest Energy Garden. Occupying both sides of the platform are embankments bursting with fruit, veg, hops and other goodies. The space is managed by a local group who have built it up for years, if you yourself are interested in joining this Energy Garden group or any other please do! Energy Garden is free for all to join.

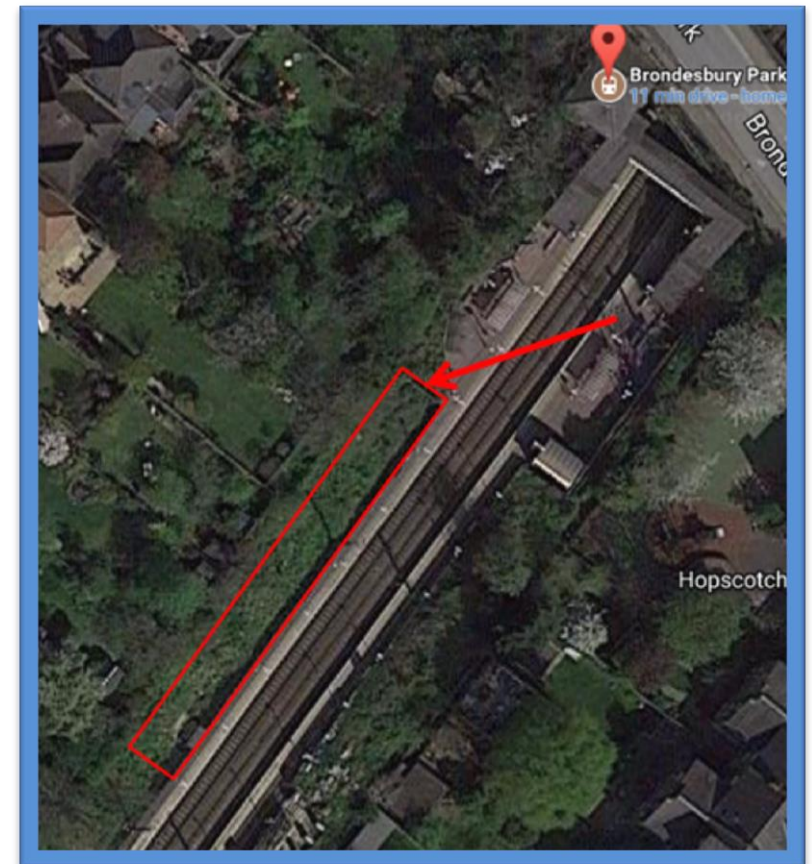
Tantalisingly, on both platforms are also large fenced off areas of shrubland that are just begging to be gardened. They are overgrown and unloved and it has been a long term ambition of the group to put this land to positive environmental use. Energy Garden recently won permission from Network Rail to clear the land and load it up with fruit trees, bee friendly plants and vegetables. This is the first physical step in that journey, exciting times!



About your day

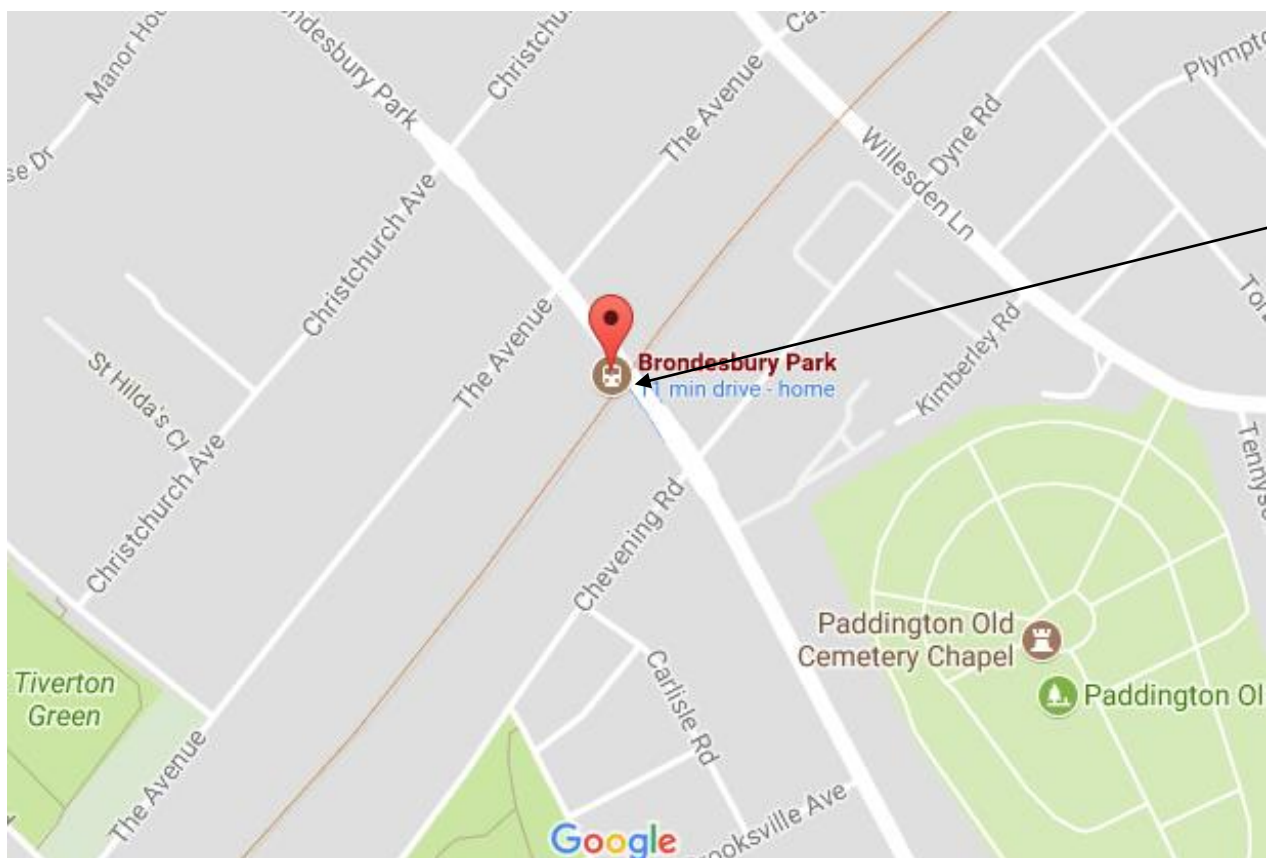
Your tasks will be focussed on supporting the Energy Garden team to clear a large piece of disused trackside area at Brondesbury Park station and turn it into something amazing. The area belongs to Network Rail who have fenced it off just so that it can become a hotspot of local biodiversity. No experience necessary, all tasks will be taught on the day! Tasks may include:

- Cutting back and pulling up of thick ivy, brambles and small shrubs
- Piling material safely to compost
- Digging up some of the roots for that area.
- Planting new bee friendly plants and fruit trees
- Levelling areas ready to accept bee-hives
- Weeding and planting on the exiting embankments
- Weeding and planting at nearby Finchley and Frognal station



DIRECTIONS TO THE MEETING POINT:

Brondesbury Park Overground Station, 213 Chevening Rd, London, NW6 6RP



Please meet on Platform 2 (Eastbound) at 9am where you will be directed straight into the site. **It is imperative that volunteers do not hang about on the edge of the platform as this will create a hazard for regular rail passengers.** If arriving by rail, please remember to 'touch out' at the station entrance before joining the group.

Transport

See attached pdf – The Crystal How to find us for local transport links.

SCHEDULE FOR THE DAY

9.00am	Arrive at meeting point
9.10am	Introduction, Project Briefing, Health & Safety
9.20am	Divide into groups and assign tasks
9.30am	Begin clearing waste on site. One group to visit Finchley Rd and Frognal station for 30 minutes to weed one bed.
11.40am	Clear up and tidy away tools and equipment
12.00pm	Thank you, Team Photo and depart for Lunch
12.30pm	Arrive at lunch location
2.00pm	End of Volunteering Day



What to wear

Volunteering on a community gardening project can be a messy business, so make sure you dress appropriately!

- Old clothes that you won't mind getting dirty
- Important Long sleeves and long trousers you can tuck into your socks
- Solid/sturdy but comfortable shoes – ideally boots
- A hat
- Remember waterproofs, even though the event is in September!

Other information for the day

- Tea, coffee, and refreshments available throughout the day, and there are cafés nearby.
- There will be a range of different tasks to get stuck into on the day. A large part of the clearing will be quite labour intensive and you should get a sweat on! If you would prefer to do less labour intensive tasks please inform us and we will accommodate you.
- We recommend that everyone brings their own water bottle to keep hydrated throughout the day
- There is not a toilet at the site. However there is a toilet immediately opposite at the yoga centre across the road. You will be shown directions to this site on the day.
- We ask that you notify your group leader if you leave the site for any reason to ensure safety.
- Please bring only essential personal belongings as there is limited safe storage space during the day.
- Have fun, and get stuck in!